

Workshops 2022

*via Zoom

CEU WORKSHOPS FOR PROFESSIONALS

Treatment in The Room With Complex Trauma Survivors

- *Two Dates:*

January 21 & October 28, 8:30a-4p CST, 7 CEUs

- Tovah Means, LMFT

Establishing Safety For Trauma Survivors in the 21st Century

- April 22, 9a-2:30p CST, 5 CEUs

- John Sykes, LCSW & Tovah Means, LMFT

- Fulfills Cultural Competency CEU

Demystifying Trauma: How to Start Trauma Work With Clients

- August 5th, 9:30a-11:30a CST, 2 CEUs

- Teri Cicurel, LCPC

Being a Trauma Therapist: Foundations of Setting Up Your Practice

- October 28, 9a-12p CST, 3 CEUs

- Jennifer L. Rolnick, Psy.D.

Info & Registration on
[Eventbrite](#)

TRAUMA SURVIVOR WORKSHOPS

Attend with video on or off based on your privacy preference (except TRE)

Tension and Trauma Releasing Exercises (TRE)

- *Five Dates:*

January 21, March 16, April 15, July 13, November 18, 9a-10:30a CST

- Jennifer L. Rolnick, Psy.D.

Crystal Bowl Sound Bath

- February 5th, 10a-11:15a

- Tyna-Sue Loafman of
Threeharmonyhealing.com

Self Healing With Qi Gong

- April 9, 10a-11:15a CST

- Venus Sabay of @venus.sabay

Healing from Childhood Trauma: A Guide For Survivors

- June 27th, 5:30p-7:30p CST

- Tovah Means, LMFT

Understanding Trauma in Athletics: Reclaiming Your Voice as an Athlete

- August 3rd, 6p-7:30p CST

- Becky Jenkins, LCSW

Empower Yourself For Pregnancy and Beyond

- October 19, 6p-7:30p CST

- Jessica Freilich, Psy.D.

Dealing with Past Family Abuse Around the Holidays

- December 5, 5:30-7:30p CST

- Tovah Means, LMFT